

Constance Echo Palmer

Aerial Artist | Fire Performer | Body Art and Figure Model

Background

Highly motivated and versatile, Constance can perform on stage or work behind the scenes in tech and rigging. In 1999 Constance moved to the United States where she continued her classical dance training focusing on ballet. Later she discovered circus arts, primarily performing in small stage productions and at corporate events as a magicians assistant, fire performer, and aerialist. In 2015 she began touring with a Rock and Roll Cabaret in which she was the lead rigger and circus artist regularly performing 4 aerial or fire acts per day. Constance is a rigger and rope access technician, safety and professionalism are of the highest importance to her craft.

Physical Details

Height: 5'6" | Weight: 121 lbs | Hair: Blond | Eyes: Brown | Build: Lean Athletic

Residency: U.S. | Language: English and German

Performer (Atlanta, GA unless otherwise stated)

Live Performances

2017 - Stone Sour Hydrograd US Tour - Cherry Bombs - Aerial and Fire Artist

2017 - Atlanta Premier of Cirque Du Soleil's touring production - Luzia - Stilt Walker

2017 - FIDACR: Costa Rica Aerial Dance Festival – Terry Crane Loop Creation Project Acrobatic Conundrum

2017 - Smokeout Ralley - Cherry Bombs - Aerial and Fire Artist | Rockingham, NC

2017 - Myrtle Beach Bike Week - Cherry Bombs - Aerial and Fire Artist | Myrtle Beach, SC

2017 - Alpiar Experiment - The Space - Aerialist

2016 – Black Curtain Revue – The Space – Duo Trapeze

2016 – Apes in the Arts in association with Zoo Atlanta and A.C.E. - Fabric and Duo Trapeze

2016 – Rouge: A Cabaret by Caroline Calouche and Co. - 7Stages - Duo Trapeze

2016 – Black Metal Burlesque – 7Stages – Aerial Ensemble (Corde Lisse)

2016 – Buckcherry National Summer Tour – Cherry Bombs – Aerial and Fire Artist

2016 – New Balance Fashion Show – 200 Peachtree – Model, Aerialist (Corde Lisse)

2016 – Atlanta Science Festival – Aerial Double Helix Duet

Commercial Work

2017 – Life University Advertising Campaign – Aerialist (Corde Lisse)

2017 – 7Stages Theatre Advertising Campaign – Aerialist (Fabric)

2016 – Integrity Water Commercial – Aerialist (Corde Lisse)

2014 – Music Video – Zaytoven Management – Aerialist and Fire Performer (Fabric)

Teacher

2017 - Agora Arts - Fabric and Duo Workshops | Detroit, MI

2017 - The Aerial Lab - Fabric and Rope Workshops | Grass Valley, CA

2017 - Triangle Circus Arts/Bonsai Studios - Fabric and Sling Workshops | Raleigh, NC

2017 - S-Connection - Fabric and Corde Lisse Workshops | Gainesville, FL

2017 - Aerial Works - Rope Workshops | Castle Rock, CO

2017 - Aerial Dancing Rope Manual Vol. 2 and 3 - Contributing Author

2017 - Azur - Fabric and Corde Lisse Workshops | San Jose, Costa Rica

2016 – Milton High School Cirque Program – Corde Lisse Instructor | Alpharetta, GA

2016 – S-Connection – Fabric and Corde Lisse Workshops | Gainesville, FL

2016 – Atlanta Aerial Arts Festival – Founder and Host

2014 – The Space Atlanta: A Movement Arts Studio – Founder and Director

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look@circusecho.com | www.CircusEcho.com | 678.777.7731

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Education

Aerial Arts

2017 – Double Point Harness Master Class with Fidget Feet | San Jose, Costa Rica

2017 – Multicorde Master Class with Saar Rombout | San Jose, Costa Rica

2016 – Rope Intensive with Emiliano Ron

2016 – Rope Intensive with Emiliano Ron | Chicago, IL

2015 – Vertical Theatre Method Intensive with Paper Doll Militia

2012 - 2014 – Individualized Aerial Training – Paper Doll Militia

2008 – 2014 – Pole Training

2004 – 2005 – Fayette Civic Ballet Company | Peachtree City, GA

2003 – 2004 – Georgia Academy of Dance | Peachtree City, GA

2000 – 2003 – Bettina Carrol's School of Dance | Newnan, GA

Teaching

2016 – Aerial Teacher Training Level 2 (Fabric) – Paper Doll Militia and Born to Fly

2015 – Aerial Teacher Training Level 1 (Fabric and Trapeze) – Paper Doll Militia and Born to Fly

2013 – 2014 – Individualized Teacher Training – The Vital Movement (McKinley Vitale)

Rigging

2017 - Rigging 101 with Todd Spiering of Circus Gear

2016 – Rigging 101 and 102 with Brett Copes of Fight or Flight Ent. (2 day Course)

2014 – Rigging Workshop with Delber Hall of D2 Flying Effects (2 day Course)

2014 – Rigging Workshop with Delbert Hall of D2 Flying Effects (8 hour Course)

2013 – SPRAT Level 1 Rope Access Technician at Southeastern Rope Access (5 day Course)

2012 – Rigging for Aerialists with Brett Copes of Fight or Flight Ent. (6 hour Course)

* For a complete CV visit www.CircusEcho.com *